

Nevada County Therapists Referral List Updated 5/6/2020

Insurance Key: A=Anthem Blue Cross, Ae=Aetna, AM=Anthem Blue Cross Medi-Cal, B=Blue Shield, C=Cigna, CM=Ca Health and Wellness Medi-Cal, F=currently full, H=Humana, M=Magellan, MHN=MHN, S=Sliding Scale (reduced fees for clients without insurance), T=Tricare, U=United Healthcare.

	<u>Insurance Accepted</u>
Terry Brodie, MFT (530) 277-0316 (ages 8 and up)	A, AM, B, CM, M, S, T, U
Susan Byrne, MFT (530) 205-8197 (ages 16 and up only)	Ae, AM, C, H
Cassandra Clark, MFT (530) 264-0880	AM, CM
Dan Crawford, MFT (530) 559-8882	AM, CM
Jay Inglee, MFT (760) 297-8278 (also speaks Spanish)	A, B, C, M, MHN, T
Susan Love, MFT (530) 273-7002 (ages 12 and up only)	
Paulette Lucier, PhD (530) 470-6060	A, B, CM, F, MHN, T
Meg Luce, LMFT (530)- 915 -2745 (Parenting only)	AM
Joy Molaro, MFT (530) 263-9650 (ages 10 and up only)	AM, CM
Victoria Moran, MFT (541) 778-2894 (also speaks Spanish)	A, AM, CM, F
Once Upon A Time Therapy Center (530) 264-6144	AM, CM, S
Shannon O'Shae, MFT (530) 263-8995	AM, CM
Danelle Riles, LCSW (530) 414-8381	CM, F
Eric Schlanger, LCSW (530) 265-3215 (ages 8 and up only)	A, AM, CM, MHN, U
Karen Schlanger, LCSW (530) 322-5428	A, AM, B, CM, C
Christine Shelton, MFT (530) 559-9625	A, T
Liz Smith, MFT (530) 559-3357(ages 8 and up only)	CM, S
Sierra Therapy Center (530) 913-5054	A, AM, CM, S,T
Judy Sobrero, MFT (530) 268-8861 (ages 13 and up only)	
Sabrina Speroni, MFT (530) 913-8545 (daytime appointments only)	A, AM, CM
Rob Steffke, MFT (805) 978-5211	CM
John Stewart, MFT (530) 272-7448 (ages 10 and up only)	A, B, M, T, U
Alice Folger Stine, MFT (530) 446-5364	A, Ae, CM, C, F
Thomas Young, MFT (530) 265-3307	Ae, AM, CM

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Mathew Zavala, AMFT (530) 771-6845 AM, CM

Nevada County Children's Behavioral Health (530) 470-2736 (services only for severe issues) AM, CM

Truckee

<https://www.tfhd.com/services/mental-health-providers>

Shawn Benjaminson, LMFT (530) 363-2034 (teens 13+)

Jamie Gemme, LMFT teens 13+

Dr. Abby Ferguson, Clinical Psychologist abbyfergusonpsych@gmail.com

Psychiatry

Nevada County Children's Mental Health (530) 470-2736. Dr. Linn

Jocelyn Kreiss – Truckee

Lay Counselors and Interns

Anew Day (530) 470-9111 (lay counselors and interns available) S

Linn Aosjia, AMFT (530) 278-5080 (intern; also speaks Spanish) A, B, CM

Once Upon A Time Therapy Center (530) 264-6144 (interns available) AM, CM, S

Sierra Therapy Center (530) 913-5054 (interns available) A, AM, CM, S,T

Sharon Forsythe, AMFT (12 and younger) TRUCKEE AM, CM.

Joanne Burke, AMFT (518) 622-4052 TRUCKEE AM, CM

This list includes lay counselors (who are unlicensed), interns/ associates (AMFTs or ASWs who have completed graduate school but are not fully licensed). Lay counselors and interns/ associates are supervised by a licensed counselor, but generally do not have as much experience as a licensed professional. Their services may be more affordable. Please contact the agency or therapist directly to inquire about costs.